

Name of department:**Part I: Course outcome****Name of Programme**[B.A./B.Sc./B.Com./B.Sc. H.Sc. I](#)**Course/Paper**

Paper I

Paper II

Name of course/Paper[B.A./B.Sc./B.Com./B.Sc. H.Sc. II](#)

Paper I

Paper II

[B.A./B.Sc./B.Com./B.Sc. H.Sc. III](#)

Paper I

Paper II

[M.A./M.Sc./M.Com./M.Sc. H.Sc. I sem](#)

Paper I

Paper II

Paper III

Paper IV

Paper V

Research Methodology

Nutritional Biochemistry

Clinical Nutrition

Food Science

[M.A./M.Sc./M.Com./M.Sc. H.Sc. II sem](#)

Paper I

Paper II

Paper III

Paper IV

Paper V

Statistics and computer application

Methods of investigation

Problems in Human Nutrition

Food Chemistry

[M.A./M.Sc./M.Com./M.Sc. H.Sc. III sem](#)

Paper I

Paper II

Paper III

Paper IV

Paper V

Food Microbiology

Nutrition and health of women and children

Nutrition for health and fitness

Advanced Nutrition

[M.A./M.Sc./M.Com./M.Sc. H.Sc. IV sem](#)

Paper I

Paper II

Paper III

Paper IV

Paper V

Physiology

Public Nutrition

Geriatric Nutrition

Research Methods in Food and Nutrition

B.P.Ed. I semester

Practical

Paper I

Paper II

Paper III

Paper IV

Practical -1

Practical -2

Practical -3

Practical -4

Dissertation

History, principles and foundation of physical

Anatomy and physiology

Health education and Environment studies

Officiating and Coaching

Track and field (running events)

Swimming / Gymnastics / Shooting

Indigenous sports: Kabaddi / Malkhambh / le:

Mass demonstration Activities: Kho-Kho / dur

B.P.Ed. II semester

Paper I

Paper II

Paper III

Paper IV

Practical -1

Practical -2

Practical -3

Practical -4

Yoga education

Educational technology and methods of teach

Organization and Administration in Phy. Edu.

Sports Nutrition and weight management

Track and field (jumping events)

Yoga / aerobics / Swimming / Gymnastics
(any one)

Racket sports:

Badminton/ Table tennis/ Squash/ Tennis

Teaching practice (classroom and outdoor)

B.P.Ed. III semester

Paper I

Paper II

Paper III

Paper IV

Practical -1

Practical -2

Sports Training

Computer application in Phy. Edu.

Sports psychology and sociology

Sports medicine, physiotherapy and

rehabilitation

Track and field (throwing events)

Combative sports:

Martial art, Karate, Judo, Fencing, Boxing,

Taekwondo, Wrestling (any two)

	Practical -3	Team game: Baseball, Cricket, football, Hockey, softball, Volleyball, Handball, Basketball, Netball (any two)
	Practical -4	Teaching practice (teaching lesson plans for Racket game/ team game/ indigenous game)
B.P.Ed. IV semester	Paper I	Measurement and Evaluation in Phy. Edu.
	Paper II	Kinesiology and Biomechanics
	Paper III	Research and Statistics in Phy. Edu.
	Paper IV	Sports management
	Practical -1	Track and field/ Swimming/ Gymnastics (any one)
	Practical -2	Kabaddi, Kho-Kho, Baseball, Cricket, Football, Hockey, softball, Volleyball, Handball, Basketball, Netball, Badminton, Table tennis, Squash, Tennis (any one)
	Practical -3	Sports specialization: coaching lesson plan Track and field/ Swimming/ Gymnastics (any one)
	Practical -4	Sports specialization: coaching lesson plan Kabaddi, Kho-Kho, Baseball, Cricket, Football, Hockey, softball, Volleyball, Handball, Basketball, Netball, Badminton, Table tennis, Squash, Tennis (any one)

Part II: Programme outcome

Name of programme/degree

[B.A./B.Sc./B.Com./B.Sc. H.Sc.](#)

[M.A./M.Sc./M.Com./M.Sc. H.Sc.](#)

Ph.D.

Course/Paper

Programme outcome

Course outcome (should include one point for each unit of the paper)

Enable to understand the basics of research and its applicability
Enable to understand the concept of biochemistry and its relation and activity on food and body
Understand the application of nutrition in clinical interventions including diet planning
Enable to understand the basics and beauty behind food, cooking process and its application in daily life

Understand the analysis of research data of nutrition and its application
Understand the basic theoretical concepts of laboratory settings and all major steps involved in research
Understand the human nutritional requirements and diet planning and how to handle its problem
Enable to understand how food assimilates and works inside the body

Understand the useful and harmful microbes and how they work
Understand the nutritional requirement of women and children and policies to combat malnutrition
Understand the concept of positive health and its dimension and various ways of acquiring fitness
Understand the current advance in the field of nutrition and its applicability

Understand the human body, its structure and functions
Understand the concept of public nutrition and health, its working and communication for health promotion
Understand the specific nutritional needs and care of elderly person
Understand the major areas of researches in the field of Food and Nutrition and its relevance in life and its applicability

Enable to understand and apply each step involved in research from selection of topic to report writing
Understand the History, principles and foundation of physical education
Understand the human body and its structure and functions
Understand the health problems and their sources
Understand the duties of officials and coaches and their qualities
Understand the skills, rules and their interpretation
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Understand the yoga, importance and their uses in our daily life and sports
Understand the teaching technique, aids and methods
Understand the concept of organization and administration in sports and phy. Edu.
Understand the basic nutrition and sports nutrition and planning of weight management
Understand the skills, rules and their interpretation
Understand the skills, rules and their interpretation

Understand the skills, rules and their interpretation

Learn and develop teaching skills and techniques
Understand the training components, process and planning in sports
Understand the computer and its uses application (MS office)
Understand the sports psychology and sociology in different games or areas
Understand how to use different types of medicines and therapies in sports
Understand the skills, rules and their interpretation

Understand the skills, rules and their interpretation

Understand the skills, rules and their interpretation

Learn and develop to teaching skills and techniques

Understand the Measurement and Evaluation of physical fitness and sports skills

Understand the Mechanical concept, kinematics and kinetics of human movements

Understand the Research process, Statistics and basics of statistical analysis

Understand the concept, leadership qualities of sports management and sports management in school, college and University

Understand the skills, rules and their interpretation

Understand the skills, rules and their interpretation

Learn and develop to teaching skills and techniques

Learn and develop to teaching skills and techniques

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